



Dermot Crowley

Director, Facilitator & Executive Coach



Dermot is the Director and founder of Adapt Training Solutions, a Sydney based training company founded in 2002.

Building on many years of experience in the productivity training industry, he created Adapt with a vision for helping management and staff in Australia's leading organisations to manage their time, priorities and emails more effectively using tools like MS Outlook and Lotus Notes.

Dermot is an inspiring and dynamic coach, facilitator and speaker. He is committed to helping participants learn how to harness the power of their productivity tools to achieve better results with less stress.

He is highly personable and skilful in working with people at all levels of organisations and is particularly experienced and effective in his work with CEO's and senior executive teams. A large part of Dermot's role is working one-on-one with senior executives to improve their productivity and effectiveness.

He believes in workshops and executive coaching experiences that are focused, practical and applied directly to the participants' work. His engaging style helps participants easily adopt a new set of skills and behaviours, and most importantly, to maintain the changes in behaviour back in the workplace. His in-depth knowledge of productivity issues and solutions helps him to get outstanding results quickly.

“ *Adapt has helped me and many of my colleagues to improve our effectiveness and sharpen our focus by changing the way we use our technology. Dermot's approach is straightforward, practical and produces immediate results.* ”

Michael Rose, Managing Partner, Allens Arthur Robinson

Contact

WEB: www.adapttraining.com.au

TEL: 0402 981 015

EMAIL: dermot.crowley@adapttraining.com.au