



Michael Thurlow

Senior Facilitator



Michael is an experienced Facilitator with a 15 year track record in developing and delivering management and professional development programs.

He is passionate about helping people to better manage their time management, productivity, and personal effectiveness through the use of technology. He is committed to creating an inclusive learning environment in which participants can develop a set of practical skills and productivity behaviours that can be immediately applied in the workplace.

Michael is a highly skilled and enthusiastic Facilitator who actively engages participants in the learning process by encouraging learners to reflect on their current skills, knowledge and attitudes while supporting and challenging

them to develop new ways of thinking and working.

Prior to joining Adapt in 2007, Michael worked with several management consultancy firms in both Australia and the United Kingdom to provide a range of learning and development solutions to clients across various industry sectors including banking, insurance, telecommunications, IT, retail, manufacturing, and local and state government departments.

He has also worked as a radio newsreader and television reporter, and holds a Bachelor of Journalism and post-graduate qualifications in adult education and training. His interests include travelling, current affairs, and psychology. He is currently learning to speak Portuguese.

Michael was great, very helpful, informative, one of the best courses I have attended. It is must for any busy manager.

Participant, Commonwealth Bank of Australia

Contact

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